

## HEADBAND



FREE  
DIY

**MATERIALS**

- Stretch jersey

**HOW TO**

1. Cut out 2 pieces measuring 11 cm x 95 cm, trim ends according to template.
2. Stitch the 2 pieces right sides together, leaving gap of 7 cm in the middle for turning through.
3. Turn right side out, stitch hole closed by hand, press.
4. Tie with a double knot.

**TIPS:** Headband can also be made from sturdier material.

