

Make every day special with this beautiful embroidery technique

Sashiko placemat

FREE
DIY



Materials

- Fabric 1: 20 cm
- Fabric 2: 14 cm
- Fabric 3: 32 cm
- Fabric 4 (backing): 32 cm
- Volume interfacing without adhesive: 32 cm
- Mending yarn (darning thread)

By the way...! You can always use fabric remnants to make placemats.



For the front, cut
Fabric 1: 22×20 cm
Fabric 2: 22×14 cm
Fabric 3: 22×32 cm
Volume interfacing: 42×32 cm

For the backing, cut
Fabric 4: 42×32 cm

1. Sew fabrics 1 and 2 together (1 cm seam allowance). Press seam open.
2. Sew fabrics 1+2 together with fabric 3 (1 cm seam allowance). Press seam open.
3. Sew volume interlining on the wrong side of the placemat front (0.5 cm seam allowance on all four edges).
4. Align backing and placemat front, right sides together. Stitch these pieces together (1 cm seam allowance). Leave a 10 cm gap for turning.
5. Trim corners diagonally. Turn right side out. Press. Sew the gap with fine blind stitching.
6. Sew the so-called Sashiko embroidery with a mending yarn (see free pattern 8035).