

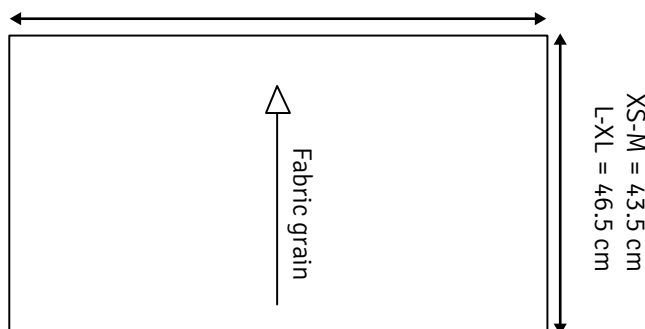
## SMOCKING

**MATERIALS:****Top:**

- Sizes XS-M = 90 cm fabric (width 105-140 cm)
- Sizes L-XL = 100 cm fabric (width 105-140 cm)
- Elastic thread
- Tailor's chalk or marker pen
- Loop turner (optional)

*By the way... To smock, you use an elastic thread as the lower thread in your sewing machine. The elastic thread crinkles the fabric.*

XS-M = 76 cm  
L-XL = 90 cm



**TOP:** Cut two pieces of fabric for the top as shown in the drawing.

**Choose a strap :**

**Ties:** Cut four pieces of fabric, each measuring 40 x 3 cm.

**Straps:** Cut two pieces of fabric, each measuring 37 x 7 cm.

**1.** Overlock/zigzag top and bottom edge of the top. Fold and press the top edge 2.5 cm to the wrong side. Stitch 2 cm from the edge. Fold and press bottom edge 1 cm to the wrong side and top-stitch along the edge.

**2.** Wind elastic thread onto the bobbin by hand. Use ordinary sewing thread as your upper thread. Sew a small test piece first. Adjust thread tension. You may possibly have to adjust both lower and upper threads.

**3.** Mark sewing lines on the top.  
Sew smock stitching lines at 1.5 cm intervals. Sew the first stitching line 2 cm from the folded top edge, i.e. along the same stitching line. The fabric crinkles to about half width.  
Top sizes XS-M: 24 rows of stitching  
Top sizes L-XL: 26 rows of stitching.



**FREE  
DIY**

**4.** Steam the smocked fabric piece. Steaming makes the elastic shrink.

**5.** Sew the side seam (1 cm seam allowance). Fold the seam towards the back. Sew over seam at the top and bottom.

**6.** You can choose to make straps or ties.

**Ties:** Fold the tie lengthwise right sides facing. Stitch 0.6 cm from the folding edge. Trim the seam. Turn the tie to the right side using a loop turner. Press.

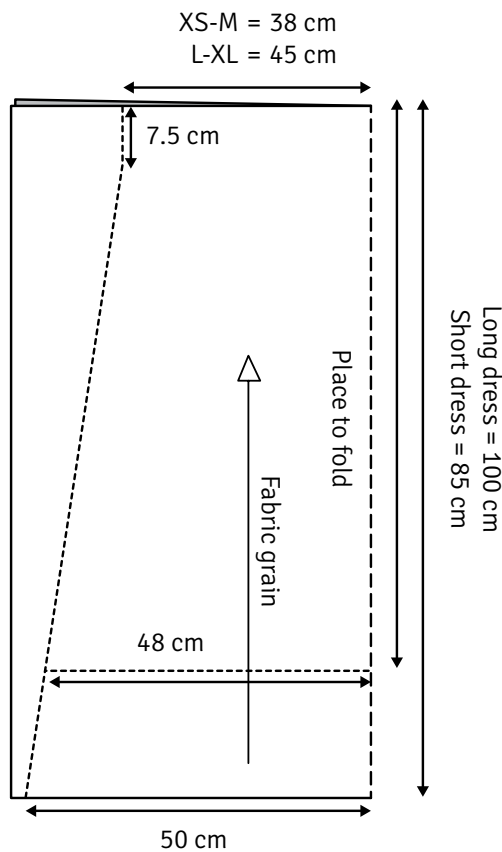
**Straps:** Fold the strap lengthwise right sides facing. Stitch with a 1cm seam allowance. Turn the strap to the right side using a loop turner. Press.

**7.** Sew on ties/straps 10 cm from side seam on the front and back. Sew along the same sewing line. Finally, adjust the strap length to suit you.

## MATERIALS:

### Dress:

- Long: 200 cm fabric (width 105-140 cm)
- Short: 170 cm fabric (width 105-140 cm)
- Elastic thread
- Tailor's chalk or marker pen
- Loop turner (optional)



**DRESS:** Cut two pieces of fabric for the dress as shown in the drawing.

### Choose a strap :

**Ties:** Cut four pieces of fabric, each measuring 40 x 3 cm.

**Straps:** Cut two pieces of fabric, each measuring 37 x 7 cm.

**1.** Overlock/zigzag top and bottom edge of the dress. Fold and press the top edge 2.5 cm to the wrong side. Stitch 2 cm from the edge. Fold and press bottom edge 1 cm to the wrong side and top-stitch along the edge.

**2.** Wind elastic thread onto the bobbin by hand. Use ordinary sewing thread as your upper thread. Sew a small test piece first. Adjust thread tension. You may possibly have to adjust both lower and upper threads.

**3.** Mark sewing lines on the dress.

Sew smock stitching lines at 1.5 cm intervals. Sew the first stitching line 2 cm from the folded top edge, i.e. along the same stitching line. Then sew two more stitching lines. The fabric crinkles to about half width.

**4.** Steam the smocked fabric piece. Steaming makes the elastic shrink.

**5.** Sew the side seam (1 cm seam allowance). Fold the seam towards the back. Sew over seam at the top and bottom.

**6.** You can choose to make straps or ties.

**Ties:** Fold the tie lengthwise right sides facing. Stitch 0.6 cm from the folding edge. Trim the seam. Turn the tie to the right side using a loop turner. Press.

**Straps:** Fold the strap lengthwise right sides facing. Stitch with a 1cm seam allowance. Turn the strap to the right side using a loop turner. Press.

**7.** Sew on ties/straps 10 cm from side seam on the front and back. Sew along the same sewing line. Finally, adjust the strap length to suit you.