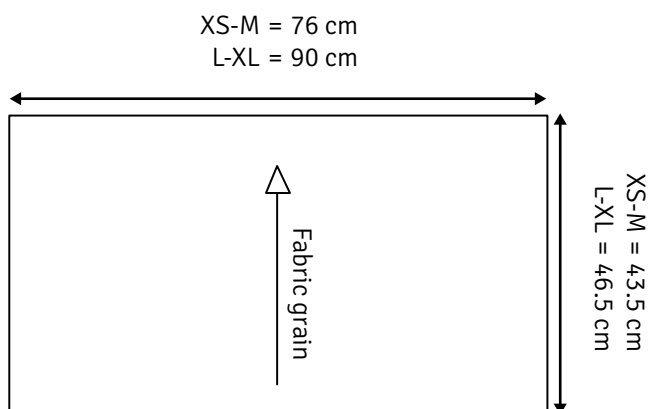


SMOCKING

**MATERIALS:****Top:**

- Sizes XS-M = 90 cm fabric (width 105-140 cm)
- Sizes L-XL = 100 cm fabric (width 105-140 cm)
- Elastic thread
- Tailor's chalk or marker pen
- Loop turner (optional)

By the way... To smock, you use an elastic thread as the lower thread in your sewing machine. The elastic thread crinkles the fabric.



TOP: Cut two pieces of fabric for the top as shown in the drawing.

Choose a strap :

Ties: Cut four pieces of fabric, each measuring 40 x 3 cm.

Straps: Cut two pieces of fabric, each measuring 37 x 7 cm.

1. Overlock/zigzag top and bottom edge of the top. Fold and press the top edge 2.5 cm to the wrong side. Stitch 2 cm from the edge. Fold and press bottom edge 1 cm to the wrong side and top-stitch along the edge.

2. Wind elastic thread onto the bobbin by hand. Use ordinary sewing thread as your upper thread. Sew a small test piece first. Adjust thread tension. You may possibly have to adjust both lower and upper threads.

3. Mark sewing lines on the top.
Sew smock stitching lines at 1.5 cm intervals. Sew the first stitching line 2 cm from the folded top edge, i.e. along the same stitching line. The fabric crinkles to about half width.
Top sizes XS-M: 24 rows of stitching
Top sizes L-XL: 26 rows of stitching.



**FREE
DIY**

4. Steam the smocked fabric piece. Steaming makes the elastic shrink.

5. Sew the side seam (1 cm seam allowance). Fold the seam towards the back. Sew over seam at the top and bottom.

6. You can choose to make straps or ties.

Ties: Fold the tie lengthwise right sides facing. Stitch 0.6 cm from the folding edge. Trim the seam. Turn the tie to the right side using a loop turner. Press.

Straps: Fold the strap lengthwise right sides facing. Stitch with a 1cm seam allowance. Turn the strap to the right side using a loop turner. Press.

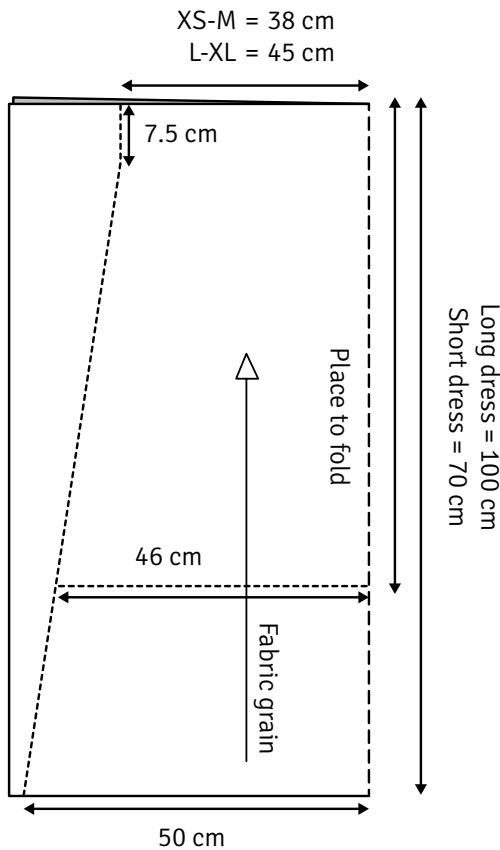
7. Sew on ties/straps 10 cm from side seam on the front and back. Sew along the same sewing line. Finally, adjust the strap length to suit you.

MATERIALS:

Dress:

- Long: 200 cm fabric (width 105-140 cm)
- Short: 140 cm fabric (width 105-140 cm)
- Elastic thread
- Tailor's chalk or marker pen
- Loop turner (optional)

FREE
DIY



DRESS: Cut two pieces of fabric for the dress as shown in the drawing.

Choose a strap :

Ties: Cut four pieces of fabric, each measuring 40 x 3 cm.

Straps: Cut two pieces of fabric, each measuring 37 x 7 cm.

1. Overlock/zigzag top and bottom edge of the dress. Fold and press the top edge 2.5 cm to the wrong side. Stitch 2 cm from the edge. Fold and press bottom edge 1 cm to the wrong side and top-stitch along the edge.

2. Wind elastic thread onto the bobbin by hand. Use ordinary sewing thread as your upper thread. Sew a small test piece first. Adjust thread tension. You may possibly have to adjust both lower and upper threads.

3. Mark sewing lines on the dress.

Sew smock stitching lines at 1.5 cm intervals. Sew the first stitching line 2 cm from the folded top edge, i.e. along the same stitching line. Then sew two more stitching lines. The fabric crinkles to about half width.

4. Steam the smocked fabric piece. Steaming makes the elastic shrink.

5. Sew the side seam (1 cm seam allowance). Fold the seam towards the back. Sew over seam at the top and bottom.

6. You can choose to make straps or ties.

Ties: Fold the tie lengthwise right sides facing. Stitch 0.6 cm from the folding edge. Trim the seam. Turn the tie to the right side using a loop turner. Press.

Straps: Fold the strap lengthwise right sides facing. Stitch with a 1cm seam allowance. Turn the strap to the right side using a loop turner. Press.

7. Sew on ties/straps 10 cm from side seam on the front and back. Sew along the same sewing line. Finally, adjust the strap length to suit you.