

# Sleep mask

FREE  
DIY



## Materialer

- 25 cm fabric
- Iron-on volume fleece
- 2 × 60 cm ribbon or 32 cm elastic

1. Cut 2 pieces of fabric and 1 piece of iron-on volume fleece as shown in the template on the next page.
2. Iron the volume fleece on the wrong side of one piece of fabric.
3. Stitch ribbon/elastic on at the notch on the right side of the fabric.

4. Stitch the fabric with volume fleece together with the last piece of fabric right sides together with 0.5 seam allowance, leaving one section open.
5. Turn right side out and stitch closed with small invisible stitches.

