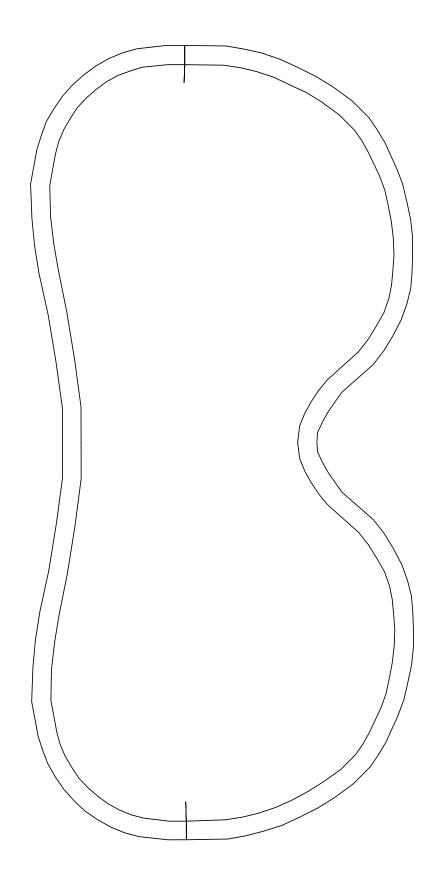
## Sleep mask



## Materialer

- 25 cm fabric
- Iron-on volume fleece
- 2 × 60 cm ribbon or 32 cm elastic

- 1. Cut 2 pieces of fabric and 1 piece of iron-on volume fleece as shown in the template on the next page.
- 2. Iron the volume fleece on the wrong side of one piece of fabric.
- 3. Stitch ribbon/elastic on at the notch on the right side of the fabric.
- 4. Stitch the fabric with volume fleece together with the last piece of fabric right sides together with 0.5 seam allowance, leaving one section open.
- 5. Turn right side out and stitch closed with small invisible stitches.



**Selfmade**<sup>®</sup>