

FACE MASK

**MATERIALS**

- Fabric
- Lining fabric art no 9598
- Elastic, aprox 5 mm

An extra layer of a close woven fabric can be exchanged for the lining fabric.

NB: Textile is not a material, suitable for professional face masks. A textile face mask should as a minimum consist of multiple layers of tightly woven fabrics, washable by 60 degrees. In addition, your face mask should be supplied with elastics and have a close fit. The face mask cannot be a substitution for the existing recommendations for protection against spread of infectious disease from the National Health Service but must be considered a supplement. Always keep an eye on the website of the National Health Service and the Government's website.

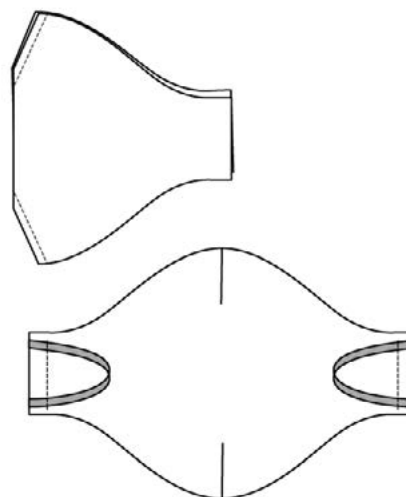
www.nhs.uk/conditions/coronavirus-covid-19/
www.gov.uk/coronavirus

FACE MASK WITH PLEATS:

- Cut 2 pieces of fabric using the templet
- Cut 1 piece of lining fabric (art no 9598) using the templet.
- Cut 2 pieces of elastic each 18/20 cm
- Stitch the lining fabric onto the wrong side of one of the fabric part with 0.3 cm seam allowance
- Fold the pleats in both ends of the fabric part and the part with the lining fabric, stitch across with 1.5 cm seam allowance
- Stitch the elastic onto the ends with 1.5 cm seam allowance, place the elastic 0.5 cm from the edge
- Press the ends 1.5 cm onto the wrong side to make a press fold
- Stitch together the 2 mask parts at the long side with 0.5 cm seam allowance
- Turn the right side out, fold the ends inside the mask at the press fold and make an edge stitching

**FACE MASK WITH DARTS:**

- Cut 2 pieces of fabric using the templet
- Cut 1 piece of lining fabric (art no 9598) using the templet
- Cut 2 pieces of elastic each 16/18 cm
- Stitch the lining fabric onto the wrong side of one of the fabric part with 0.3 cm seam allowance
- Stitch darts onto both fabric parts and the lining fabric, press
- Stitch the elastic pieces onto the ends with 1.5 cm seam allowance, placing the elastic pieces 0.5 cm from the edge
- Press the ends 1.5 cm onto the wrong side to make a press fold
- Stitch together the 2 mask parts at the long side with 0.5 cm seam allowance
- Turn the right side out, fold the ends inside the mask at the press fold and make an edge stitching



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