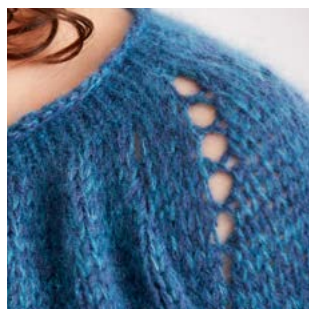


#EMBRACESWEATERWOMEN

# embrace sweater - women



# FRAYA<sup>®</sup>



♥ IT DOESN'T GET MUCH SIMPLER THAN THIS: LOVELY STOCKINETTE STITCH WITH RAGLAN INCREASES THAT CREATE A SIMPLE EYELET PATTERN ON THE YOKE AND A VERTICAL BIND OFF AT THE HEM. THE DESIGN IS WORKED FROM THE TOP DOWN IN THE ROUND ON A CIRCULAR NEEDLE, WHICH MEANS THERE IS NO FINISHING AT THE END. A TRULY LOVELY KNITTING PROJECT FOR THE INTERMEDIATE KNITTER – ENJOY!

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## ABBREVIATIONS:

**st(s)** = stitch(es)  
**k** = knit  
**p** = purl  
**RS** = right side  
**WS** = wrong side  
**tbl** = through the back loop(s)

**tog** = together  
**M1** = Make 1 increase – lift the chain between the stitches onto the left needle and knit it through the back loop

**TIP:** Change yarn on the side of the sweater to make the woven in ends less visible.

## PATTERN

Cast on 76 [80] 80 [84] 84 sts on a UK size 8 [4 mm], 60 cm circular needle with 1 strand of Happy FRAYA [or 1 strand of Cosy FRAYA and 2 strands of Friendly FRAYA held together].

Join in the round and place a marker for the beginning of the round.

Work in the round in stockinette stitch, while placing the following markers on the first round: K4 [right sleeve], place marker, knit 34 [36] 36 [38] 38 sts [front], place marker, k4 [left sleeve], place marker, knit to end of round [back].

Work 7 rounds of stockinette stitch.

Now work increases on sleeves and front and back as follows:

K1, M1, k2, M1, k1, slip marker, k1, \*M1, k2\*, repeat from \* to \* to the 1 stitch before next marker, M1, k1, slip marker, k1, M1, k2, M1, k1, slip marker, k1, \*M1, k2\*, repeat from \* to \* to 1 stitch before beginning of round marker, M1, k1.

There are now 6 sts on each sleeve and 51 [54] 54 [57] 57 sts on front and back.

Change to a UK size 0 [8 mm] needle and knit 1 round.

Now work raglan increases every other round as follows:

\*K2, yarn over, knit to 2 sts before marker, yarn over, k2, slip marker\*, repeat from \* to \* to end of round.

Knit the next round, knitting the yarn overs as normal so eyelets are formed.

Continue working raglan increases every other round until there are 32 [36] 38 [40] 40 sts on each sleeve and 77 [84] 86 [91] 91 sts on front and back.

Now divide the work and place the sleeve sts on stitch holders, while the body is being finished as follows:

Place the 32 [36] 38 [40] 40 sleeve sts on a stitch holder, cast on 4 [4] 4 [4] 6 new sts in extension of the sts on the needle and place a stitch marker in the middle of these sts, knit across front to next marker, place the 32 [36] 38 [40] 40 sleeve sts on a stitch holder, cast on 4 [4] 4 [4] 6 new sts in extension of the sts on the needle and place a stitch marker in the middle of these sts.

## BODY

Continue in the round in stockinette stitch across the sts for the body, while at the same time working decreases every 8th round, starting at the marker under the right sleeve as follows: \*K2, k2tog tbl, knit to 4 sts before marker, k2tog, K2\*, repeat from \* to \* once more.

Continue working decreases every 8th round until there are 69 [76] 78 [83] 83 sts left on front and back.

Work straight in stockinette stitch until the work measures 52 [53] 53 [54] 54 cm from the neck edge down.

Change to a UK size 8 [4 mm], 60 cm circular needle and knit 1 round.

Now bind off with vertical sts as follows:

\*Holding the right needle behind the first stitch on the left needle, knit the second stitch on the left needle tbl. Leave the second stitch on the left needle. Knit the first stitch, then let both sts fall off the left needle. Slip the lastly knitted stitch back on the left needle\*, repeat from \* to \* until 2 rounds of vertical sts have been worked. Bind off the sts using the standard bind-off technique, taking care not to bind off too tightly. Continue to the last stitch, break the yarn and pull end through the last stitch so the edge looks neat.

## SIZES

XS [S] M [L] XL

## MEASUREMENTS

Half chest circumference:  
 approx. 63 [67] 71 [75] 79 cm

Half waist circumference:  
 approx. 45 [50] 52 [57] 60 cm

Length:  
 approx. 53 [54] 54 [55] 55 cm

## YARN

### Happy Fraya

44% baby alpaca + 32% fine merino  
 + 22% polyamid + 2% viscose  
 50 g = 110 m

## YARDAGE

300 [300] 350 [350] 400 g

## GAUGE

In stockinette stitch on UK size 0 [8 mm] needles: 13 sts x 17 rounds = 10 cm x 10 cm

## SUGGESTED NEEDLE SIZE

Circular needles UK size 8 [4 mm], 60 cm and UK size 0 [8 mm], 80 cm  
 Double-pointed needles UK size 0 [8 mm] [or use the Magic Loop technique instead of double-pointed needles]

Please note: The needle sizes given above are only suggestions. The size of the needles you need depends on your personal gauge. If you knit firmly you might need a large needle size, if you knit loosely you might need a smaller needle size.

## NOTIONS

Stitch holders

## ALTERNATIVE YARN SUGGESTION

### Cosy Fraya 1 strand

65% uld + 25% baby alpaka + 10% microfiber  
 50 g = 240 m  
 150 [150] 200 [200] 200 g

### Friendly Fraya 2 strands

70% super kid mohair + 30% silk  
 25 g = 210 m  
 150 [150] 200 [200] 200 g

**SLEEVES**

Place the sts for one sleeve on a UK size 0 [8 mm], 40 cm circular needle. Pick up and knit 4 [4] 4 [4] 6 sts at the underarm on the body and place a marker in the middle of these sts. Join in the round. There are now a total of 36 [40] 42 [44] 46 sts on the needle.

Work in the round in stockinette stitch, while at the same working decreases every 9th [9th] 8th [6th] 6th round as follows:

K2, k2tog tbl, knit to 2 sts before marker, k2tog, K2.

Continue working decreases until there are 24 [26] 26 [26] 28 sts left on the needle.

Work straight in stockinette stitch until the work measures 43 [43] 42 [41] 40 cm from under the sleeve.

Change to a UK size 8 [4 mm] needle and knit 1 round. Now work vertical sts as follows:

\*Holding the right needle behind the first stitch on the left needle, knit the second stitch on the left needle tbl. Leave the second stitch on the left needle. Knit the first stitch, then let both sts fall off the left needle. Slip the lastly knitted stitch back on the left needle\*, repeat from \* to \* until 2 rounds of vertical sts have been worked. Bind off the sts using the standard bind-off technique, taking care not to bind off too tightly. Continue to the last stitch, break the yarn and pull end through the last stitch so the edge looks neat.

Weave in all ends and steam lightly according to the instructions on the yarn label.