

#WHIRLYVEST

# whirly vest



FRAYA®

- ♥ SOFT AND VOLUMINOUS VEST IN THE LOVELIEST, SOFTEST CHUNKY YARN – IT ALMOST CAN'T GET TOO CHUNKY WHEN IT COMES TO YARN AND YOU DON'T NEED A LOT OF KNITTING EXPERIENCE TO MAKE THIS VEST FLY OFF YOUR KNITTING NEEDLES. THE VEST IS WORKED ON 15 MM NEEDLES FROM THE TOP DOWN – THE ONLY SLIGHTLY TECHNICAL CHALLENGE IS WHEN YOU HAVE TO PICK UP AND KNIT STITCHES FOR THE RIB AROUND THE ARMHOLES AND NECK EDGE!

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## ABBREVIATIONS:

<b>st(s)</b>	= stitch(es)
<b>k</b>	= knit
<b>p</b>	= purl
<b>RS</b>	= right side
<b>sl</b>	= slip stitch(es) purl-wise
<b>WS</b>	= wrong side
<b>tbl</b>	= through the back loop(s)
<b>tog</b>	= together
<b>M1R</b>	= Make 1 Right increase: Pick up the chain between stitches with the left needle from back to front and knit it

<b>M1L</b>	= Make 1 Left increase: Pick up the chain between stitches with the left needle from front to back and knit it through the back loop
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## Backward loop cast-on:

Form a forward loop of yarn with your fingers, insert the needle through the front of the loop, so the working yarn points towards you.

Designed by Anne Sofie Sørensen

The vest is worked from the top down. First the back yoke is worked to the bottom of the armholes, then stitches are picked up and knitted along the shoulders for the front yoke which is also worked to the bottom of the armholes. Then the front and back yoke are joined for the body, which is worked in the round to rib at the hem.

The stitches are split for the front and back at the hem and the rib is worked back and forth separately for each section to form side slits.

## BACK YOKE

Work back and forth to the bottom of the armholes.

Cast on 14 [14] 14 [16] 16 sts on a 15 mm needle.

**Row 1 (WS):** Purl.

**Row 2 (RS):** Cast on 3 [3] 3 [4] 4 new sts at the beginning of the row using the backward loop method, knit to end of row, cast on 3 [3] 3 [4] 4 new sts at the end of the row using the backward loop method.

**Row 3:** Purl.

**Row 4:** Cast on 2 [3] 3 [3] 4 new sts at the beginning of the row using the backward loop method, knit to end of row, cast on 2 [3] 3 [3] 4 new sts at the end of the row using the backward loop method.

**Row 5:** Purl.

There are now a total of 24 [26] 28 [30] 32 sts on the needle.

Work back and forth in stockinette stitch until the work measures 16 cm at the outer edges from the shoulder cast on edge. End on a WS row.

Increases are now worked to create width as follows:

**Row 1 (RS):** K1, M1R, knit to the last stitch on the row, M1L, k1.

**Row 2 (WS):** Purl.

Repeat Row 1 and 2 until the work measures 33 cm mid back.

Let the sts rest on a stitch holder or length of scrap yarn.

## FRONT

Left shoulder:

Pick up and knit 6 [7] 7 [8] 9 sts along the left side of the back cast-on edge for the left shoulder.

Work 5 rows back and forth in stockinette stitch, beginning with a WS row.

Now work increases to shape the V-neck as follows:

**Row 1 (RS):** K1, M1R, knit to end of row.

**Row 2 (WS):** Purl.

**Row 3:** Knit.

**Row 4:** Purl.

Repeat Row 1-4 until there is a total of 12 [13] 14 [15] 16 sts on the needle. Let the sts for the left shoulder rest.

## SIZES

XS [S] M [L] XL

## MEASUREMENTS

Half chest circumference approx.

62 [64] 67 [70] 74 cm

Length mid back approx.:

68 [68] 68 [68] 68 cm

## YARN

Chunky Fraya

100% merino wool

150 g = 68 m

## YARDAGE

750 [750] 900 [900] 900 g

## GAUGE

In stockinette stitch on 15 mm needles:

6,5 sts x 10 rows = 10 x 10 cm

## SUGGESTED NEEDLE SIZE

10 mm and 15 mm circular needles, both 80 cm

Please note: The needle sizes given above are only suggestions. The size of the needles you need depends on your personal gauge. If you knit firmly you might need a large needle size, if you knit loosely you might need a smaller needle size.

## NOTIONS

Stitch markers

Optional stitch holder or length of scrap yarn

Needle for casting off

Right shoulder:

Pick up and knit 6 [7] 7 [8] 9 sts along the right side of the back cast-on edge for the right shoulder.

Work 5 rows back and forth in stockinette stitch, beginning with a WS row.

Now work increases to shape the V-neck as follows:

**Row 1 [RS]:** Knit to the last stitch on the needle, M1L, k1.

**Row 2 [WS]:** Purl.

**Row 3:** Knit.

**Row 4:** Purl.

Repeat Row 1-4 until there is a total of 12 [13] 14 [15] 16 sts on the needle.

Now join the right and left shoulder to form the front as follows [RS]:

Work across the sts for the right shoulder from the RS: K1, M1R, knit to the last stitch, M1L, k1.

Continue across the sts for the left shoulder from the RS: K1, M1R, knit to the last stitch, M1L, k1.

**Row 1 [WS]:** Purl.

**Row 2 [RS]:** 1 K1, M1R, knit to the last stitch, M1L, k1.

**Row 3:** Purl.

Repeat Row 2 and 3 until the work measures 33 cm from where sts were picked up and knitted along the shoulders.

## BODY

Now join the front and back to form the body:

Knit across front, place marker, knit across back, place marker.

Join in the round and work in stockinette stitch [knit all rounds] until the work measures 58 cm or desired length.

## RIB

Let the back sts rest on the needle and work back and forth in rib [k1, p1] across the front sts [between the 2 markers] until the rib measures 8 cm.

Cast off.

Now work back and forth in rib in the same way across the back until the rib measures 10 cm.

Cast off.

Note: The back rib is 2 cm longer than the front rib.

Optional: Cast off using the Italian cast off technique for a neat result.

## ARMHOLE RIB EDGE

Pick up and knit 60 [64] 68 [72] 76 sts evenly along the armhole edge with a 10 mm, 80 cm circular needle.

Begin and end at the bottom of the armhole. Join in the round and place a marker for the beginning of the round.

work 3 rounds in rib [k1, p1].

Cast off, not too loosely.

Optional: Cast off using the Italian cast off technique for a neat result.

## NECK RIB EDGE

Pick up and knit 68 [72] 76 [80] 84 sts evenly along the armhole edge with a 10 mm, 80 cm circular needle.

Begin at the left shoulder, make sure to pick up 1 stitch at the bottom of the V of the front and place a marker on both sides of this stitch. This stitch at the centre of the V-neck can either be knitted or purled as you prefer – I have chosen to purl it.

Join in the round and place a marker for the beginning of the round.

**Round 1:** Work in rib [k1, p1].

**Round 2:** Work in rib as established to 2 sts before marker, k2tog tbl, work centre stitch [either knit or purl], k2tog, work in rib to end of round.

Repeat Round 1 and 2 twice more.

Cast off, not too loosely.

Optional: Cast off using the Italian cast off technique for a neat result.

