

#SUNDAYMORNINGSOCKS

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## ABBREVIATIONS:

<b>st(s)</b>	= stitch(es)	<b>beg</b>	= beginning
<b>k</b>	= knit	<b>rep</b>	= repeat
<b>p</b>	= purl	<b>rem</b>	= remain(ing)
<b>tbl</b>	= through the back loop	<b>st st</b>	= stocking st
<b>tog</b>	= together	<b>dec</b>	= decrease(s)
<b>RS</b>	= right side	<b>cont</b>	= continue
<b>WS</b>	= wrong side		

Cast on 36 [40] 40 [44] 44 [48] 52 sts loosely with co 2. Divide the sts with 9 [10] 10 [11] 11 [12] 13 sts on each of the 4 needles. Work in rib [1st st on the 1st row = mid back] k1, \*p2, k2\*. Rep from \* to \* and end with p2, k1. Change to co 1 and work even [i.e. in rib] for 15 [16,5] 18 [19,5] 21 [22,5] 24 cm.

## HEEL:

Place the sts of needle 1 and 4 on one needle = 18 [20] 20 [22] 22 [24] 26 sts. Change to co 2 and work back and forth in st st for 5,5 [6] 6,5 [7] 7,5 [8 ] 8,5 cm, end by working a p row.

## SHAPING THE HEEL:

K until 8 [9] 9 [10] 10 [11] 12 sts rem on the needle, k2togtbl, k1, turn, sl 1 st purlwise, p until 8 [9] 9 [10] 10 [11] 12 sts rem on the needle, p2tog, p1, turn, slip 1 st knitwise, k until 6 [7] 7 [8] 8 [9] 10 sts rem [i.e. until 1 st before the previous turn], k2togtbl, k1. Turn and cont in this way by turning 1 st before the previous turn until there are 10 [12] 12 [12] 12 [14] 14 sts on the needle. Change to co 1 and work 1 row.

## KNIT UP STS FOR THE GUSSET:

Knit up 12 [13] 14 [15] 16 [17] 18 sts along the one side of the heel, k the sts of needle 2 and 3, knit up 12 [13] 14 [15] 16 [17] 18 sts along the other side of the heel. Divide the sts as follows:

**Needle 1:** 17 [19] 20 [21] 22 [24] 25 sts.

**Needle 2:** 9 [10] 10 [11] 11[12] 13 sts.

**Needle 3:** 9 [10] 10 [11] 11 [12] 13 sts.

**Needle 4:** 17 [19] 20 [21] 22 [24] 25 sts.

## GUSSET:

Cont in the round in rib across the sts of needle 2 and 3 and st st across the sts of needle 1 and 4, while at the same time dec for the gusset as follows:

**Needle 1:** K until 2 sts rem, k2tog.

**Needle 2 and 3:** Rib.

**Needle 4:** K2togtbl, k the rest of the sts on the needle. When 9 [10] 10 [11] 11 [12] 13 sts rem on needle 1 and 4 cont without dec until the foot measures 10,5 [11,5] 13 [14,5] 15,5 [17] 18,5 cm after the heel [where sts were knit up for the gusset]. Change to co 2.

## TOE:

Change to co 2.

**Needle 1:** K until 3 sts rem, k2tog, k1.

**Needle 2:** K1, slip 1 st, k1, passover the slipped st, k the rem sts.

**Needle 3:** As needle 1:

**Needle 4:** As needle 2.

Rep these dec on every 2nd round until 2 sts rem on each needle. Sew the sts tog with Kitchener sts or pull the yarn through the rem sts and pull gently. Knit another sock in the same way.

## SIZES

25/26 [28/29] 31/32 [34/35] 37/38 [40/41] 43/44

## YARN

Tough Fraya  
70% Wool + 30% Polyamide  
50 g = 78 m

## YARDAGE

Colour 1: 100 [100] 100 [150] 150 [200] 200 g  
Colour 2: 50 [50] 50 [50] 50 [50 ] 50 g

## GAUGE

In st st on size 8 [4 mm] needles: 20 sts x 22 rows = 10 cm x 10 cm

## SUGGESTED NEEDLE SIZE

UK Size 8 [4 mm] double pointed needles

Please note: The needle sizes given above are only suggestions. The size of the needles you need depends on your personal gauge. If you knit firmly you might need a large needle size, if you knit loosely you might need a smaller needle size.