

Create your own patchwork fabric and make an awesome anorak or trousers

# Pattern supplement: Make a jogging set with unique patchwork fabric

## What you need to make a patchwork anorak or trousers

**1** • 30 cm polar fleece (no. 220503)

**2** • 1 piece (no. 92798)

**3** • 1 piece (no. 92800)

**4** • 1 piece (no. 92801)

**5** • 1 piece (no. 92797)

**6** • 1 piece (no. 92803)

**7** • 1 piece (no. 92804)

**8** • 1 piece (no. 92802)

• 1 m polar fleece (no. 220503) for the lining

*By the way...! We used fat quarters, i.e. fabric pieces measuring 45 x 55 cm. Of course, you can make your patchwork in any fabric you like.*

**Pattern supplement**  
to sewing patterns  
64020 A  
and 60037

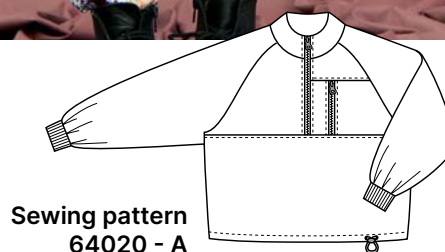
**FREE  
DIY**



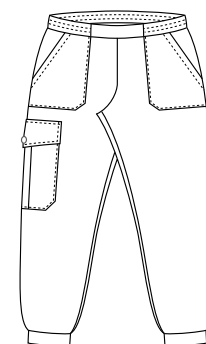
**NB: If you wish to sew both anorak and trousers, you will need to make two pieces of patchwork.**

1. Cut squares (see fig. 1). The measurements given include 1 cm seam allowance.
2. Sew the rectangles together (1 cm seam allowance). Sew the parts together to form four larger parts (see fig. 2). Then sew these together to form one large piece of patchwork that measures 140 x 100 cm (see fig. 3).
3. Lay the patchwork fabric on top of the fleece fabric, wrong sides facing.
4. Pin your patchwork fabric to the fleece using regular pins or safety pins.
5. Lay the sewing pattern onto the fabric (see example in fig. 4). Pin on the pattern pieces and cut out.
6. Sew the patchwork and fleece together. Sew all around the edge (0.5 cm seam allowance). When you sew over a stitching line, stitch back and forth a couple of times to prevent the seam from fraying.
7. Make the anorak/trousers following the sewing instructions in the sewing pattern(s).

TIP: If you wish to make a lightweight anorak /trousers, use cotton canvas instead of fleece for the backing.



Sewing pattern  
64020 - A



Sewing pattern  
60037

### Other materials for the anorak:

20 cm rib, 1 zipper (12 cm), 1 zipper (20 cm), eyelets (5 mm), anorak cord, double cord stopper

### Other materials for the trousers:

1 button, 1 m elastic (35 mm)

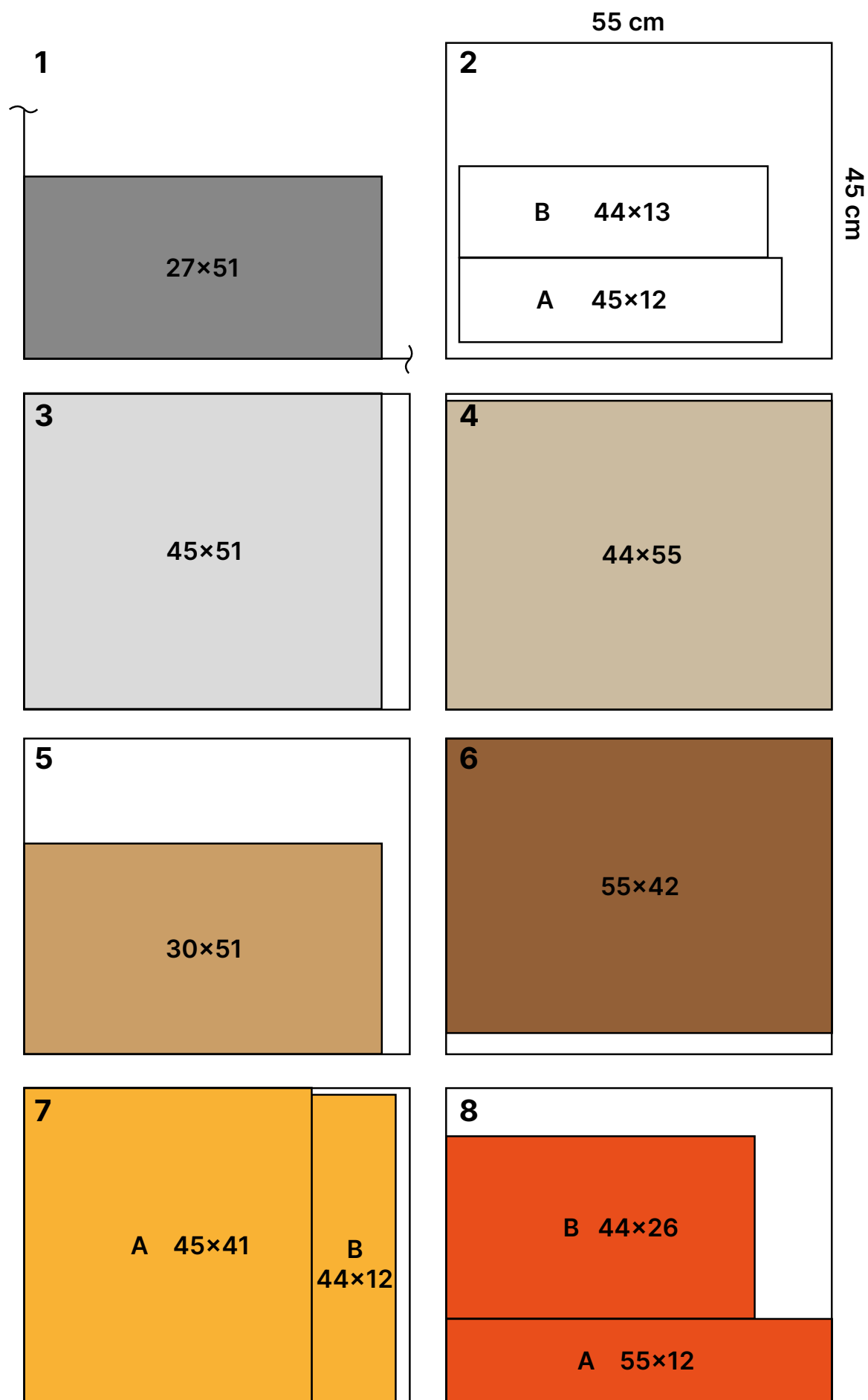


Fig. 1

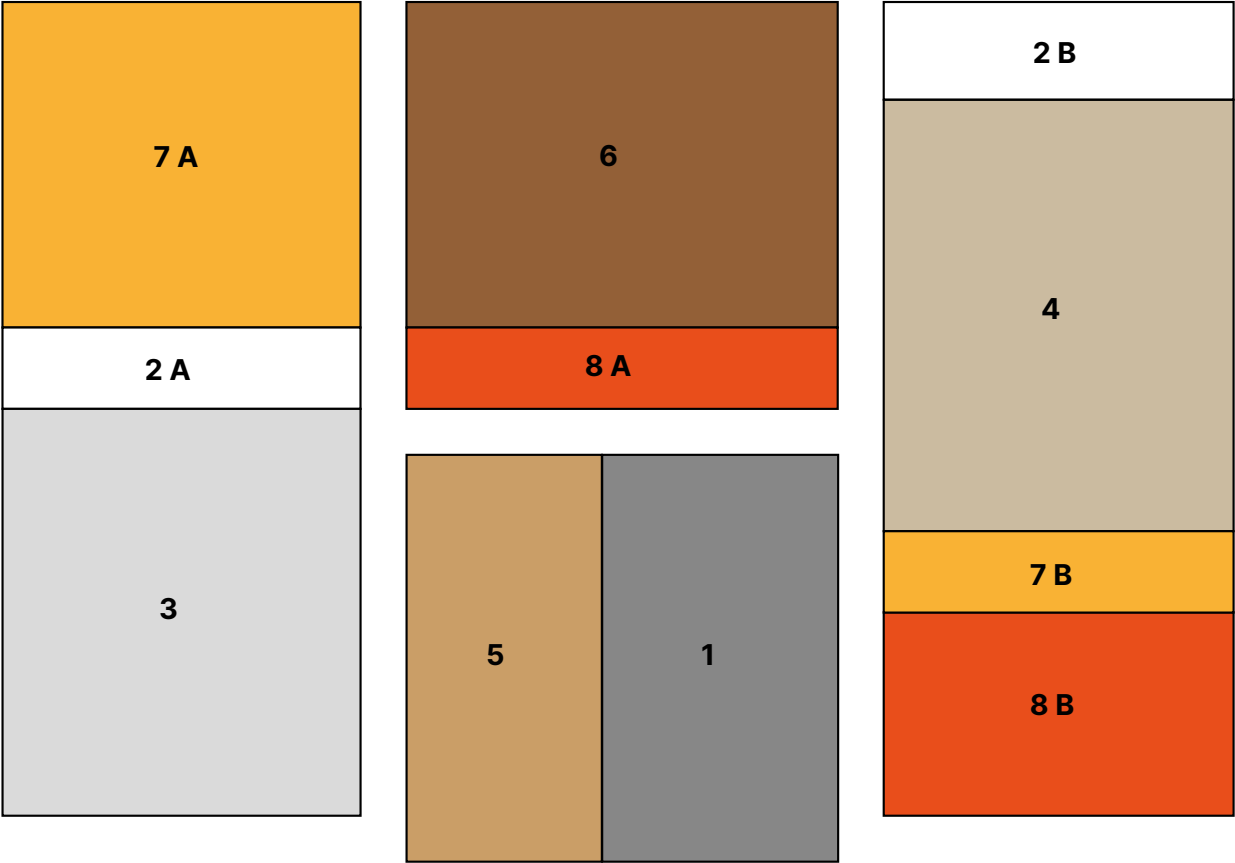


Fig. 2

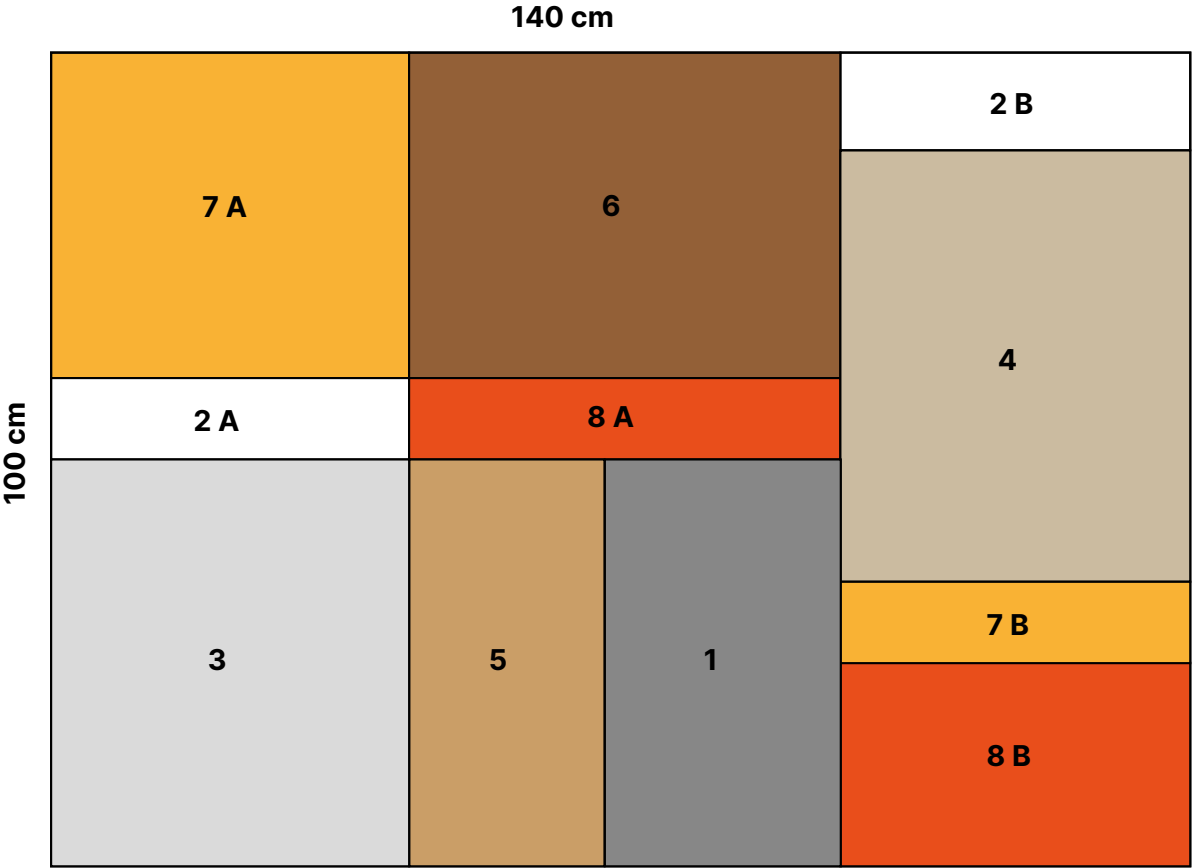
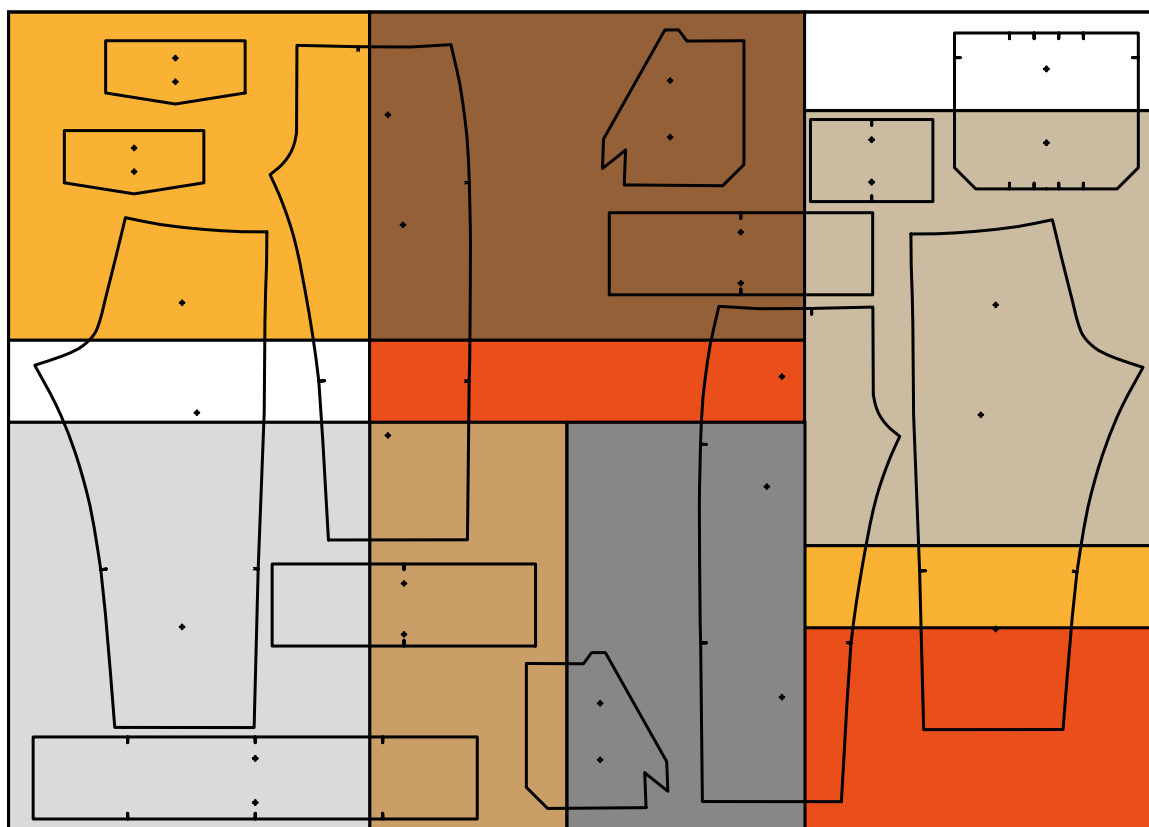
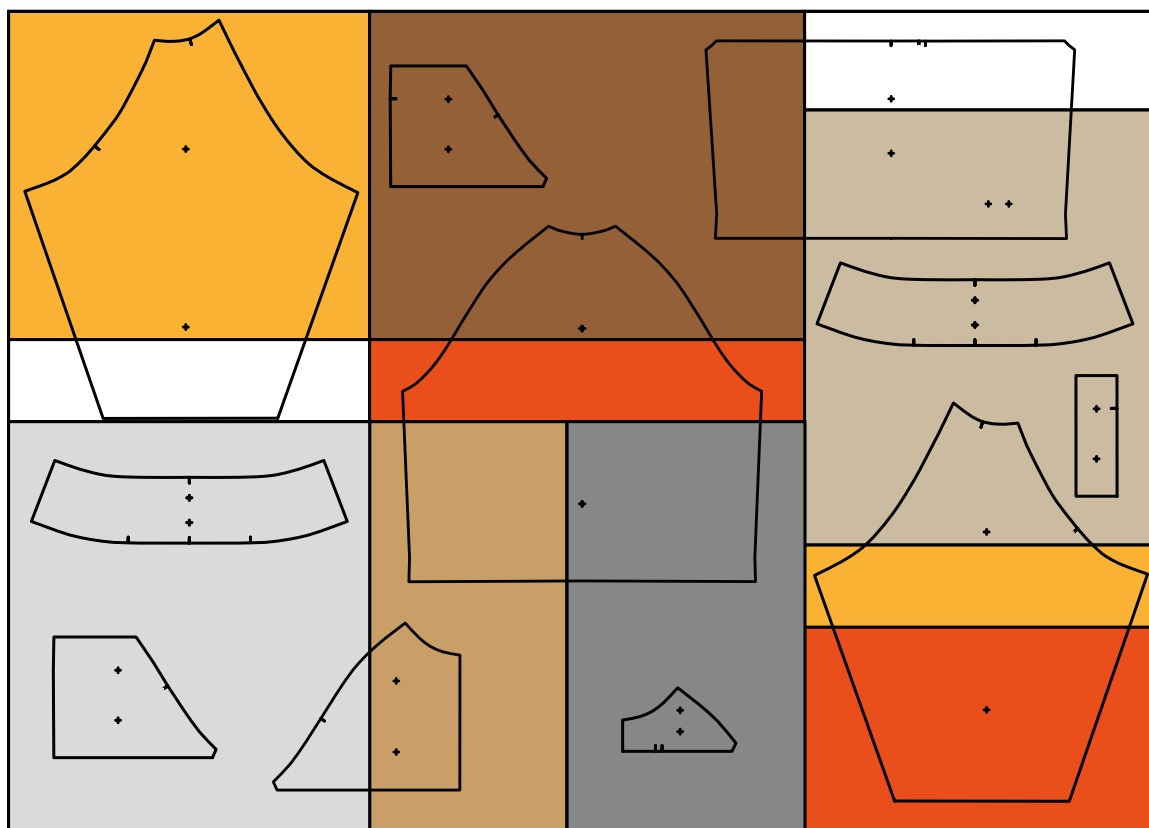


Fig. 3

**Trousers****How to hem: See examples in size 110****Anorak****Fig. 4**